



#### Week 5: 17 August 2023

## **Principal Update**

Welcome to our Week 5 news.....

Wow, how fast is the term flying by and how jam packed are our weeks?
This week I was out for 2 days at the Annual Department of Education Leaders
Summit—engaging with colleagues and key note speakers including Stan Grant and
Amy Hetherington.

Last week I had the opportunity to go to Dripstone Middle School along with Ms Katie and our Senior Learning Commission. The Student Commissioners engaged in



some reflection about their journey to date as Commissioners this year and then shared their Mid-Way Pitch with the Dripstone Ambassadors. They spoke confidently and shared their initial data delve, findings and further investigations into our writing results at Alawa. See a little later in the newsletter for their updates and the launch of the 2023 Line of Inquiry.

Friday afternoon I worked with the Junior Learning Commission and we spent the afternoon together discussing and unpacking 'What is a good leader? What do they do, say and how do they make others feel? The 10 Junior Commissioners certainly have become confident discussing leadership and aspects that make a difference. Well done Team along with Mrs Cleary and Ms Katie who work with them each week.

#### Just a few reminders:

- **School Survey:** please take a few minutes to respond to the link in the email sent out. This is your chance to provide your thoughts to inform our directions for the next period of time.
- School Review: Opportunities for parents to come and have a chat;
  - ♦ 22nd August 2:45pm OR
  - ◆ 23rd August 8:30am OR 22nd August 2:45pm Preschool Focus Group

Upcoming events with plans well underway

- Year 3/4 Camp to Tumbling waters [Thursday 7th and Friday 8th September]
   Students are being monitored for attendance and behaviour
- Alawa Spectacular—Under the Big Top Thursday 31st August Students are busily refining their Acro skills and dance moves in preparation for wowing you on the night.
- ♦ BEAT—Darwin School Musical Extravaganza—our Senior Choir perform Wednesday 6th September. Don't miss out on tickets.

Cheers for now, Sandy Cartwright [Principal]

# Have you read the newsletter this week? A quick question....

As with last year I will sneak a little quiz question into the newsletter each week. If you are a student and know the answer, send me an email to have the opportunity to earn 20 bonus house points.

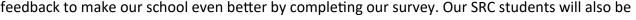
**Week 5** — Where are the Year 3 and 4 children going for their camp? [*Sandy Cartwright*]



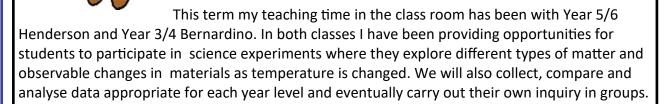
## **Assistant Principal Update**

Our **café** continue to serve up some tasty meals and snacks. Our links with the farm produce allows us to make some delicious curries and sliders. It is a simple process to order online using QuikCliq so please view our café menu and enjoy our café service with Yenni in the canteen.

Our **SRC** students are busy collecting ideas from children and teachers on how we could spend the money we have raised so far this year. We have also been taking around the IPADs in the morning to encourage parents/carers to provide



taking on responsibilities in the next couple of weeks when we begin our **Bee A great reader Book challenge.** They will be setting up reading areas on the deck for recess and lunch, helping out with activities in the library and creating a short movie clip with Ms Stratton to kick off our huge whole school focus on reading. See our flyer in this newsletter for more information.



Have a wonderful week

Genevieve Donohue [Assistant Principal]

# Raising Confident, Happy Children



## Hot tips



# Lies: Why children lie and what to do

## **Key points**

- Children might start telling lies from around 3 years of age.
- Encourage children to tell the truth by emphasising the importance of honesty.
- Use separate consequences for lies and the behaviour that leads to lies.

Why do children lie? When do children start lying?

Encouraging children to tell the truth

Deliberate lies and lying: how to handle them

Lying about serious issues

https://raisingchildren.net.au/school-age/behaviour/common-concerns/lies

### AIMING HIGH: Planting seeds for the future

## **Calendar of events**

Friday 18 August	Volleyball Gala day	All day	
Tuesday 22 & Wednesday 23 August & Thursday 24 August	School Review	All day	
Thursday 24 August	Book Feast [Small group of students]	Morning session	
Friday 25 August	Assembly hosted by Year 3N followed by morning tea for parents and carers	8:40am	
Monday 28 August	School Council meeting	5:30pm	
Thursday 31 August	Whole School Performance & Community Night [Alawa Spectacular]	5-7pm	
Wednesday 6 September	BookCamp BEAT Festival: Alawa Choir performing	8:30-8:45am Evening	
Thursday 7– Friday 8 September	Year 3/4 Camp	All day	
Monday 11—Friday 15 September	Book Fair	All week	
Tuesday 12 & Wednesday 13 September	Student Led Conferences	3-6pm	
Wednesday 12 September	BookCamp	8:30-8:45am	
Friday 15 September	Book Parade	8:40am	
Monday 18 September	School Council meeting	5:30pm	
	Assembly hosted by Year 2 Chamberlain followed by morning tea for parents and	8:40am	
	carers. Table Tennis and Golf Gala days Last day of Term 3	All day	

## **School Survey**

Alawa Primary School values the feedback from our students and families. We welcome and encourage you to share your opinions about school performance, culture and services by participating in the NT School Survey.

The survey opens now until Friday of Week 6 and is an opportunity for us to hear from you about your school experience for you and your child.

The School Survey is simple and easy to access, taking less than 20 minutes to complete. It can be conducted online or you can request a printed version from your school. The results of the survey will help inform your school about your experiences and provide valuable information about what it is doing well and where it can improve.

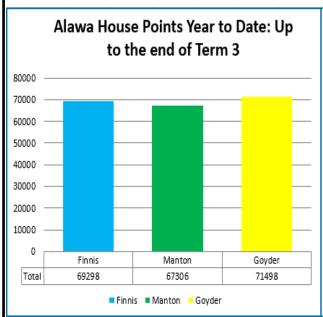
For further information or to request assistance in completing the survey, please contact the front office or see email sent from our Xuno Parent Portal last Tuesday.

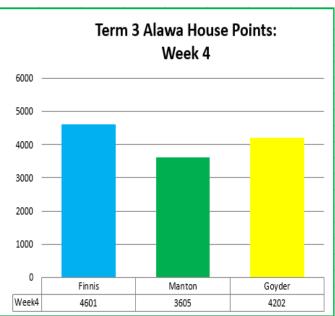


## **House points**

Students at Alawa receive raffle tickets [house points] for their attitude and behaviour in the playground and out the front of the school at the end of the day. Points are then counted on a Friday along with the points for students in full uniform, wearing house shirts etc. At the end of each term, we also include the point's earnt through the recycling project and water bottle checks.

In Week 4 of Term 3 Finnis was ahead with 4601 points!
In the lead for the Year to date is Goyder with 71 498 points!



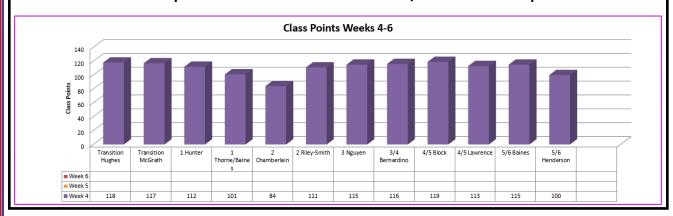


### **Class Points**

Muster is held at Alawa after each recess and lunch break - this gives us an opportunity for everyone to settle from playtime, share any celebrations and work on consistency of messages and expectations.

Each week we allocate class points during Muster time recognizing those students who were ready and waiting to go back to class calmly and quietly after break times. The winning class from each 3 weeks will receive ice-blocks from our Principal and get to choose 3 songs that will play before our bells for the following 3 weeks.

The class with the most points in Week 4 of Term 3 was.....4/5 Block with 119 points !!!

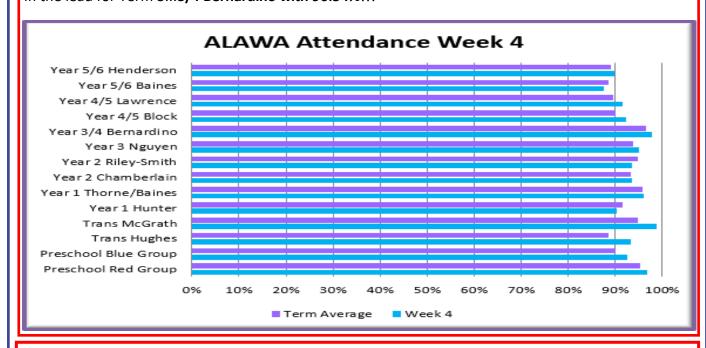


### AIMING HIGH: Planting seeds for the future

### **Attendance**

Primary School Average for Week 4 Term 3: 93.46%

The class with the highest attendance for Week 4: **Transition McGrath with 98.81%!!!** Amazing job!!! In the lead for Term 3...**3/4 Bernardino with 96.54%**!!!

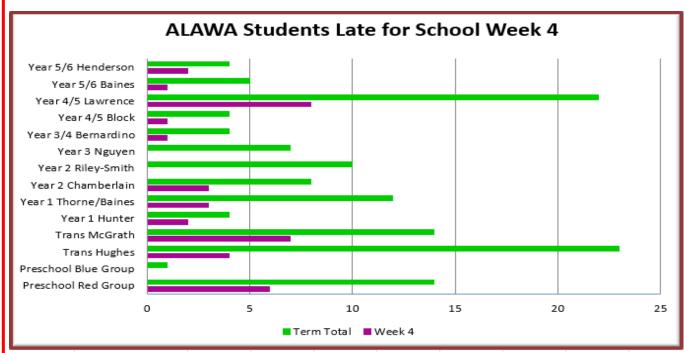


#### Lates

Arriving late for school has a significant impact on your child's learning and engagement in the education program.

There were 38 lates in Week 4!

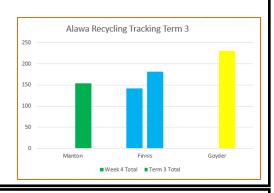
For Week 4 the classes with the least lates were: **2 Riley-Smith and 3 Nguyen** with 0 lates!!! In the lead for Term 3... Preschool Blue with 1 late!!!



# Recycling

A reminder that recycling is back up and running at the school.

Our recycling bags are up and ready for deposits in their usual location in the back car park hanging on the fence. Each bag represents a house and all items will be recorded as a point for your house. Items can be delivered during school hours and placed directly into the bags.



# Camp news—Year 3/4

Planning is well underway for a fun-filled camping trip at Tumbling Waters for the 3/4's! We cannot wait to see the beaming faces of our young campers as they embark on this thrilling outdoor experience.



As our students step into this natural oasis, they will have the opportunity to connect with the great outdoors, immerse themselves in the beauty of nature, and foster a deeper appreciation for the world around them. Our enthusiastic team of teachers and staff are meticulously planning every aspect of the trip to ensure the safety, comfort, and enjoyment of our students.

All students have been given excursion consent forms which includes the itinerary and what students are required to bring on camp. These are expected back ASAP.

Please remember there are attendance and behaviour expectations that are carefully considered leading up to camp. Your child's safety, wellbeing and learning is of utmost importance. If class teachers have concerns or queries about a child's participation in camp, they will contact you to make a time to discuss them. If you have a concern or query, please contact your child's teacher early next term. Thank you for your time and support.



First Instalment NOW OVERDUE	Thursday 27 July	Week 2	\$50
Second Instalment NOW OVERDUE	Friday 11 August	Week 4	\$50
Final Instalment	Friday 25 August	Week 6	\$40





THURSDAY 31 AUGUST
5PM -FOOD STALLS AND ACTIVITIES
6:10PM - PERFORMANCE TO COMMENCE

TICKETS AVAILABE FOR ACTIVITIES AND FOOD/BEVERAGES ON THE NIGHT AND AT THE OFFICE THE WEEK BEFORE EFTPOS AVAILABLE ON THE NIGHT

\* Preschool age children will need to be accompanied by an adult for all activities







## Volunteers needed—come help out and have some fun!

This years school concert theme is Circus. It is a combination of dance and acrobatics.

You DON'T need to juggle, be a dare devil or be a clown!

Your desire to help is all you need.

Looking for volunteers to get in on this exciting opportunity and help arrange side show ally, the games and activities and the food etc. for the event.

Many hands make light work!

To express interest please call the Front Office on 8997 7666 or send us an email alawa.school@education.nt.gov.au





### **Preschool news**

At Preschool we have been learning about the Zones of Regulation. The Zones of Regulation help children (and adults alike) to recognise what they are feeling and helps to foster Self-regulation and emotional control. The Zones of Regulation consist of four different coloured 'zones': Blue, green, yellow and Red. As humans we find ourselves in all the zones at different times. The Green zone is optimal for learning. It's where we feel most happy and balanced.

The preschool children are getting skilled at recognizing and naming which zone they are in. We played a fun hands-on group activity where we looked at photos of people displaying different emotions and posted them in the coloured 'Zone' box where we thought they belonged. It gave us a good picture of how complicated emotions can be. The zones have become very woven into our class routines and a wonderful tool to help us check in with ourselves and our feelings.

Have a wonderful week.

Angela Henshke, Emma churchman, Kelly Crawford and Flor Hodgson [The Preschool Team]



## **Library news**



Tomorrow sees the announcement of the 2023 Children's Book Council of Australia's Book of the Year Awards with a number of great books in the running.

You can check out the winners of this year's Awards this Friday the 18<sup>th</sup> of August from 12:00 pm [midday] AEDT

https://cbca.org.au/winners-2023

Our Bee a Great Reader Challenge kicks off next week and you will be seeing a lot of activity happening around promoting Literacy and a love of reading. As part of this we will be running the Bee a Great Reader Challenge providing opportunities for students to listen to and read stories with a family or school community member.

You are invited to come into the school to read with students either before school Wednesday the  $6^{th}$  and/or the  $13^{th}$  of September – more details will be provided over the coming weeks. If you or someone you know can come in to share a favourite story or a story from your culture at any time during weeks 6-9 [ $21^{st}$  Aug –  $15^{th}$  Sept] please let me know.



\*Please note a Valid Ochre Card will be required for you to do this.

I can be contacted through the office or via email at - sacha.evans@education.nt.gov.au

Sacha Evans [Library and ICT Manager]

#### **Kitchen news**

We have been busy learning new skills and practicing familiar ones in kitchen over the last few weeks. The Year 3's have been practicing using knives, using woks and soup pots on the stove. The Year 4's and 5's have been experimenting with flavours and using lots of delicious produce. We made yummy fried rice in week 3 and chicken noodle soup in week 4. Both of these are easy to make at home and can include lots of healthy veggies.

We have been lucky to have some parent helpers in the last few weeks. If you are able to come in and help in kitchen, we would love to have you. Please contact the front office to register your interest.

I have been asked for some recipes, here is the chicken noodle soup one for you to make at home.

## **EASY CHICKEN NOODLE SOUP**

#### **INGREDIENTS**

- 1ltr chicken stock
- 100g noodles cooked
- 100g sliced chicken
- 1 tsp crushed garlic
- ½ tsp crushed ginger
- 1 cup assorted chopped vegetables
- 2 spring onions, chopped
- 2 tsp soy sauce

1 tsp sesame oil

#### Step 1

Heat stock and water in a large saucepan over medium-high heat until just simmering. Add garlic, ginger and chicken. Cook over medium heat until cooked through.

#### Step 2

Add vegetables and stir until cooked. Add in soy sauce and sesame oil and noodles

In kitchen this semester we will looking at home made versions of convenience foods. They could be take-away meals, frozen foods or supermarket pre made foods. We will be discussing the health benefits of making our own dishes and looking at what health messages we see on a daily basis and what they mean.

We will be completing two comparison challenges were we compare our home made version to a bought product and complete a review.

Here are the skills we will be learning.

#### Term 3

Kitchen Rules and Procedures
Knife Skills and Licence ( if not obtained)

- Salads
- Herbs and Spices
- Sauces and Dips
- Soups
- Stir Fries
- Curries

## Term 4

Breakfasts Baking

Simmering and Steaming

Rice Dishes Roasting

**Dumplings and Fritters** 

Sautéing

Pastry

Mystery ingredient challenge





## Assembly hosted by Year 3/4 Bernardino

Congratulations to our latest Honour award winners and Honour Distinction award winner and Principal for the day Mr Xavier C!

Principal Xavier spent the day handing out merits, playing lego, going to kitchen and farm lessons, visiting Preschool and of course sitting in Ms Cartwrights chair!

Principal Xavier said "I had the best day and want to do it again!"







## **Learning Commission: Mid-Way Pitch**

Last Thursday we visited Dripstone Middle School for our Mid-Way Pitch. We shared our presentation with Dripstone's Learning Commission, and they also shared theirs with us. But first we took part in an ice-breaker where we associated a 'power word' with ourselves. A power word is something you say to yourself to give you an extra boost of confidence when you're about to do something hard. For example, some of the power words were POSITIVE, CONFIDENCE and LETS DO THIS then we got onto our presentations and got going. Dripstone's was about what their Learning Commission [Learning Ambassadors] is and the things they were doing. Their topic was about 'Student, teacher relationships' whilst ours Line of Inquiry for 2023 is 'How can we support Alawa students to feel less pressure with their writing, to engage more, and show improvement in their standard of writing?'

We gave each other affirmations and questions about our presentations and topics.

Once we finished our presentations and shared our questions and affirmations, then it was time for lunch, Subway. At the end of the pitch we all felt a sense of achievement. A major part in our journey was done and it was time to say goodbye and head back to Alawa.

Alexandra & Jaxon



#### **Defence School Mentor news**

Yesterday Laura and I attended the quarterly DSM workshop. These workshops are always a valuable opportunity to network with other DSMs from the Darwin and Palmerston area, as well as hear from guest speakers from community organisations that offer support to the Defence community here in the NT.

The main objective of our role as Defence School Mentor is to support the students and families of serving Defence Personal. To fulfill this role efficiently we need assistance from our families, please remember to notify us of any upcoming work related absences from home be it training, exercise or deployment. Also, if you are posting to a new location at the end of the year please let us know so that we can offer support to the students.

#### Miss Katie

These last 2 weeks, we have had a focus on arts and crafts in Defence Kids Club, especially with Father's Day approaching soon. Our Transition students have become very excited about attending Kids Club, and I am frequently asked "is Kid's Club on today?" on any day of the week. They are often very disappointed to hear it only happens once a week, on a Wednesday lunchtime. Last week with a couple of our Transition students, we worked on some wishing star jars. In these jars, the girls drew pictures of the things they love the most about their dads, which we folded up into stars. One of the girls was very excited to present her jar to her dad who returned home this week.

These last couple of weeks I have covered Katie's traffic duty in the afternoons. It has been so lovely to meet parents and wave goodbye to our students.

#### Miss Laura

### **Super star students**

A huge congratulations to Matilda Cleary and Eleanor Dwyer for representing the Northern Territory at the Australian Irish Dancing Association SA/NT/TAS 2023 Regional Oireachtas. What an experience! There were many hours of dance practice that led up to the event and lots dances to learn too. Held in Adelaide, it was the first time representing the NT at this competition for both girls and they did so well. They performed in four solo dances and a Teams dance. Having had a lot of fun, facing some challenges and gaining a great deal of experience, both girls walked away with trophies.

Eleanor: "it was fun, it was a good experience and it was a nice trip." Matilda: "it was really cool, a little nerve racking. We met many people at the competition, they were all so encouraging and I enjoyed seeing everyone else Irish Dance too!"

Thank you to the Alawa School Council for your generous support.

Well done girls!



## Weekly Farm award

This year we continue to celebrate the best Farm Class of the week on Fridays.

The Farm Class of the week is selected, based on their abilities to working cooperatively as a team and always following our Farm rules. The Farm classes are divided each week into 3-4 smaller groups and each one has a Group Director.

Group Directors are in charge of giving out responsibilities to their group, keeping their area tidy and giving out points.



The Week 4 winner was Year 4/5 Lawrence

### Cafe

Our Mission is to provide the Alawa School community with delicious healthy meals and snacks and to create meaningful links to our kitchen garden program. We will do our best to ensure we order the same products as advertised but occasionally have to change due to stock availability.



Available everyday lunch only:

mini beef burgers \$4.50

Order online at <a href="https://www.quickcliq.com.au">www.quickcliq.com.au</a>

spaghetti bolognaise small serve \$4.50 or large serve \$6.50 /Gluten Free Spaghetti \$6.50
 [Wed & Thu only]

Wednesday: Chicken & Jackfruit Curry with Rice- Small serve - \$4.50, Large Serve - \$6.50 Thursday: Sushi- option 1: Chicken schnitzel, cucumber & mayo \$6.50 or option 2: Tuna, corn and mayo- \$6.50

Friday: 2x Homemade beef skewers with tomato and capsicum, rice and slaw. \$6.50

A reminder that our school Cafe is open Wednesday to Friday ONLY. Closed on Mondays and Tuesdays.

## **Community notices**



## FREE 2 Day Autism Workshop for Parents and Carers Location: Darwin, NT

Join other local families to learn more about autism and ways to strengthen the partnership between home and school

# During the workshop you will learn about:

- · The diversity of autism
- · Understanding sensory processing
- · Understanding behaviour
- · Working together with your child's school

Morning tea and a light lunch will be provided



12th & 13th September 2023 9.00am - 2.15pm



Novotel Darwin Airport 2 Sir Norman Brearley Drive Marrara NT 0812







Interpreters available upon request

For more information or to register visit <u>www.positivepartnerships.com.au</u> or contact Grant Russell at grussell@positivepartnerships.com.au



This initialive is funded by the Australian Government Department of Education through the Helping Children with Autism package. The views expressed within this program do not necessarily represent the views of the Australian Government or the Australian Government or Education.



# IS YOUR CHILD INTERESTED IN LEARNING A MUSICAL INSTRUMENT?

The NT Music School's 2023 Instrumental Program has spots available for Alawa Primary School students interested in learning flute. Instrumental lessons are offered during school hours for students in Year 4, 5 and 6. Lessons are free with a \$50 contribution and instrument hire from \$100. Sports Vouchers accepted to assist with cost of hiring instruments.

Apply online now to secure your interest at

www.ntms.net.au

Should you require further assistance phone the NT Music School on **8963 5550**.



# Bee a Great Reader Book

# Challenge

#### In class

- Bee a Great Reader Challenge- prizes to be won
- 3 baskets from Yenni-
- Book review competitions -students and teachers
- Independent Reading time in classes

#### Around the school

- Read a book or poem at muster
- Reading on the deck at recess and lunch
- Read a book over the PA
- Bookweek Parade- week 9

To **bee**come a good reader, **bee** sure to read every night.

#### Library Lunchtimes

- Guest readers Teacher/Staff /Volunteers
- Create digital books
- Bookmark making
- Storytime Digital story books Online
- Reading Corners

## Whole School Community

Please join us for

Bee a Great reader Bookcamp

8:30-8:45

Wed wk 8 and 9

6 and 13 September